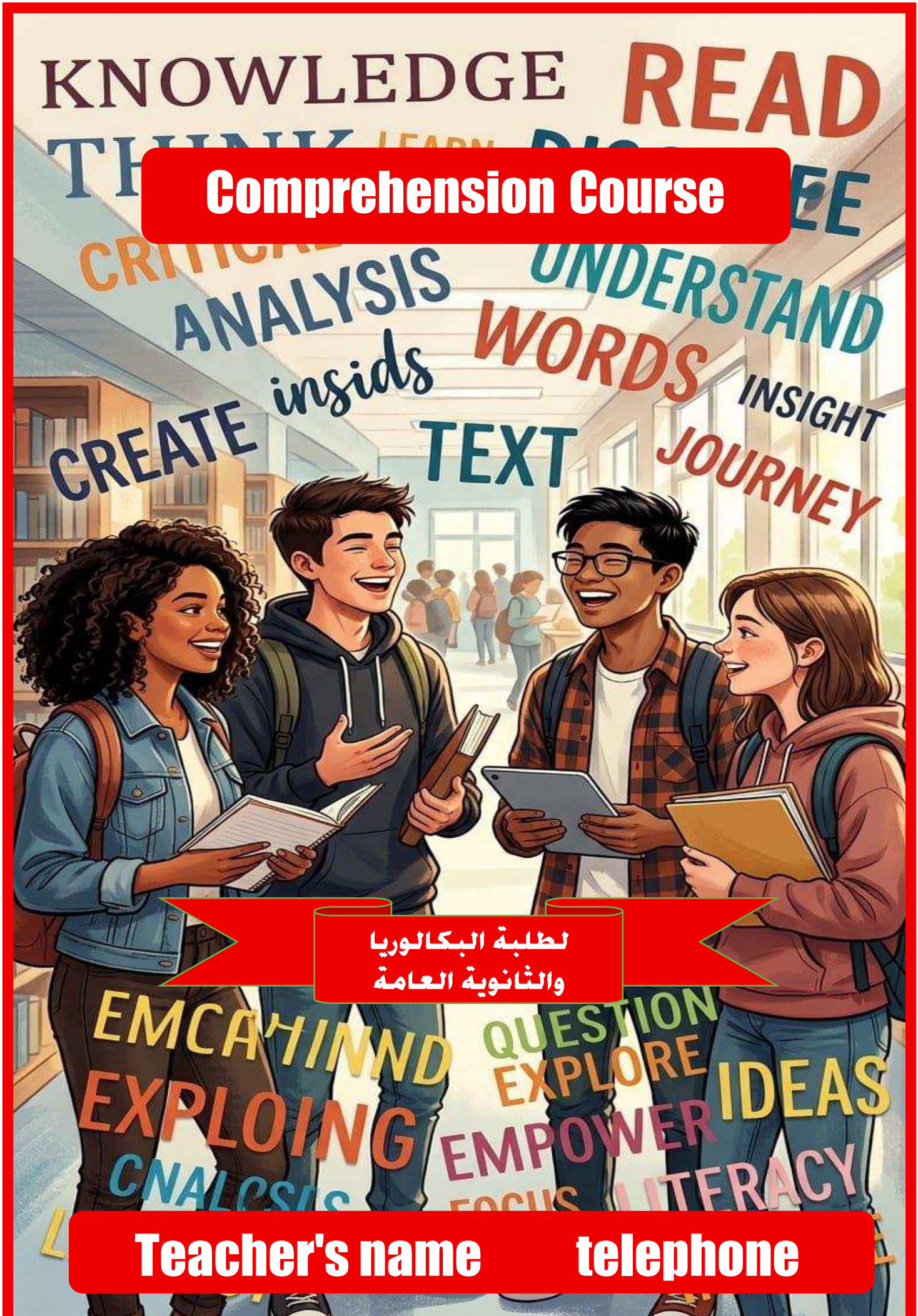

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1. Read the following passage, then answer the questions:

Eating Habits

The following is a checklist to help you decide if it's time for you or a friend to change eating habits. Just ONE "warning sign" should be enough reason to take action. You shouldn't think "junk food" the minute you start feeling hungry. There never is an acceptable reason for this.

It is a definite sign of a habit that is on the way to becoming an addiction. Comfort eating is usually associated with junk food and in general high calorie food that is also high in carbohydrates [starch and sugar] and fat. If you run to the nearest fast-food chain every time you feel down, you know it is out of control. A healthy meal does not have to be flavorless and boring. When pushed, you can picture appetizing dishes that do not contain fries or fatty ingredients but you still prefer to get a hold. of a beef burger or a pizza. You know it's not the best food for you. You know that you are going to feel sleepy and tired after you have eaten. To be honest, healthy is a relative term. It all depends on what your options are. There are "healthier" choices you can make even at a fast-food restaurant. You might, for example, order salad as a side dish instead of a second helping of fries. You could avoid ketchup or mayonnaise or eat a chicken burger. You know all this, you have promised yourself to do it next time you are there, but somehow it never happens. You keep on insisting that those dishes take longer to prepare.

1. What does "junk food" mean?

a) Nutritious fast food

b) High-calorie food with low nutrients

c) Homemade healthy meals

d) Organic vegetables

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2. Why do doctors prefer eating healthy food?

a) It's cheaper than junk food

b) It prevents diseases and maintains health

c) It tastes better than fast food

d) It's easier to prepare

3. Thinking of "junk food" when you're hungry is a ……..

a) sign of addiction

b) sign of healthy eating

c) common eating habit

d) sign of change

4. If you are determined to change your diet, you can make healthy choices …

a) in the country

b) near the sea

c) in fast food restaurants

d) in supermarkets

5. 5Although people know what is good for them they ……

a) choose to eat healthy, nutritious food

b) choose to eat fatty, high calorie food

c) decide to eat fatty, low-calorie food

d) decide to eat low calorie fries and pizza

6. If you want to be healthy, you should ……

a) avoid fatty and fried food

b) eat salad and fatty food

c) avoid salad and condiments

d) order high calorie food and soft drinks

7. What is the main warning sign of developing a food addiction?

a) Eating three meals a day

b) Thinking of junk food when hungry

c) Cooking at home

d) Reading nutrition labels

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4. Read the following passage, then answer the questions:

DDT

People find it challenging to solve problems in a quick way. They want to get fast result, or make money, or make life easier. often, they don't look into the future. they don't think about the long-term consequences or effect of their actions. Much damage to the environment happens in this way. The story of DDT is a good example. It is a chemical which was developed to kill insects. It was invented in 1940, and very soon it was being used effectively by farmers all over the world. The results, at first, were successful. The chemical killed the harmful insects which ate the food plants. More crops were produced, and both farmers and industry made a lot of money, however the chemical had effects which scientists did not predict. DDT not only killed the harmful insects but it also killed useful insects. A few insects were strong. They survived and multiplied. In a few years there were large numbers of these super insects which DDT could not kill. Clearly, DDT was making the problem worse. It was worthless to be used any more.

Another problem was that the chemical did not disappear. Stayed in the ground and found its way into rivers, lakes and oceans. I was taken into the bodies of fish and animals. So, animals began to suffer from new different diseases.

Humans also began to have problems, especially, in areas where DDT was widely used many governments stopped the use of DDT twenty years ago, but its effects are still with them.

1. Which of the following is probably true about DDT?

a) it kills only harmful insects b) it kills only useful insects

c) it kills both harmful insects and super insects

d) it kills both harmful insects and useful insects

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2. What does "challenging" mean in "people find it challenging to solve problems"?

a) difficult b) confusing c) exciting d) easy

3. What does "consequences" refer to in the sentence: "They don't think about the consequences or effects of their action."?

a) exciting things that could happen

b) boring things that could happen

c) useful things that could happen

d) bad things that could happen

4. Where does DDT end up eventually?

a) in the ground

b) in the air

c) into rivers, lakes and oceans

d) into the crops that farmers grow

5. When was DDT invented?

a) 1930 b) 1940 c) 1950 d) 1960

6. What happened to some insects after DDT use?

a) They all died immediately

b) They became weaker

c) They survived and multiplied

d) They changed their diet

7. Why was DDT eventually considered worthless?

a) It was too expensive

b) Super insects became resistant to it

c) Farmers didn't like it

d) It killed all insects

8. What happened to DDT after governments stopped its use?

a) Its effects disappeared immediately

b) Its effects are still present today

c) It became safe to use again

d) Scientists found a cure for it

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8. The results of public examinations determine whether pupils ……

a) can attend primary school

b) start work or continue education

c) must repeat the year

d) can choose their teachers

7. Read the following passage, then answer the questions:

Coca-Cola Story

It is said that the Coca-Cola bottle is the most recognizable object in the world. Hundreds of millions of people can recognize a Coke bottle by its shape, even if they cannot see it! And the famous Coca-Cola logo is the most famous logo in the world. Unlike any other famous commercial logo, it has not changed in 100 years!

But the story of Coca-Cola is even older than that. It was in 1886 that John Bemberton, a druggist in Atlanta, invented a new type of syrup, using coca leaves, sugar and cola nuts, plus a few other secret ingredients! Pemberton sold it as a medicine; and with its coca (the source of cocaine), it must have made people feel good!

Nevertheless, Pemberton's medicine was not very successful, so he sold his secret formula to another druggist, Candler. Candler had another idea; he thought that Pemberton's "medicine" would be much better if it was mixed with soda. Candler was thus the man who really invented the drink Coca-Cola. Before long, other people became interested in the product, including a couple of businessmen who wanted to sell it in bottles. Candler sold them a licence to bottle the drink, and very quickly the men became millionaires. The famous bottle, with its very distinctive shape, was designed in 1916. It is the world's most popular drink. As for the famous formula, it is probably the world's most valuable secret!

1. John Pemberton was a ……..

a) vet b) doctor c) merchant d) pharmacist

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2. Candler mixed the medicine with ..... to make the drink.

a) soda b) tea c) lemon d) cola nuts

3. The formula of Coca Cola is still .....

a) confidential b) public c) known d) visible

4. The shape of the bottle is .....

a) common b) distinguishing c) familiar d) ordinary

5. Why did Pemberton sell his formula?

a) He wanted to be rich

b) His medicine wasn't successful

c) He was forced to sell

d) He lost interest

6. The famous Coca-Cola bottle was designed in .....

a) 1886 b) 1900 c) 1916 d) 1920

7. What made Pemberton's original medicine feel good?

a) sugar b) cola nuts c) coca d) soda

8. The Coca-Cola logo is famous because it .....

a) changes every year

b) hasn't changed in 100 years

c) uses many colors

d) is very expensive

8. Read the following passage, then answer the questions:

Winners and Losers

People may be divided into two types, winners and losers. Because our families and friends have a great influence on us as we grow, we are born hopeless and dependent on our environments. Winners are able to change their situation and become independent by being responsible for their own lives. They don't blame their own mistakes on others. They do their own thinking. They listen to others, evaluate what they say, and then they make up their minds. Although they may fail at times, yet they keep self - confidence. Winners

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4. A "swamp" is …….

a) a wet muddy land b) a fruitful land

c) a desert land d) a sports centre

5. Why are crocodiles so powerful?

a) They have beautiful skin

b) They live in parks

c) They have snapping jaws and lethal teeth

d) They are endangered species

6. Who was "the Crocodile of the Nile"?

a) A famous hunter b) Abdel-Latif Abu Heif

c) An explorer d) A park ranger

7. Crocodiles became endangered because of ……

a) natural disasters only b) hunting for skin and habitat loss

c) lack of food d) climate change only

8. Crocodiles were valued for centuries because of their …….

a) meat and bones b) beauty and intelligence

c) ability to swim d) small size

10. Read the following passage, then answer the questions:

Dolphins

Dolphins have become a popular attraction at zoos in recent years. They are more interesting than lions and tigers because they are livelier and perform tricks, like circus animals. But although they are more willing to cooperate with the trainer than other mammals in captivity, they get bored if they are asked to do the same trick twice. This is one reason for believing they are very intelligent. Dolphins are regarded as the friendliest creatures in the sea and stories of them helping drowning sailors have been common since Roman times. We now have more reliable evidence of their usefulness than sailors' tales. In South Africa, two dolphins have been trained to help swimmers in difficulties and drive sharks from the beach. The more

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we learn about dolphins, the more we realize that they are better organized and their society is more complex than people have previously imagined.

They look after other dolphins when they are ill, care for pregnant mothers and protect the weak as we do. Some scientists suggested have suggested that dolphins have a language system which is similar to bats' one and man cannot hear. It is much more probable that they have an echo-location. Could any of these mammals be more intelligent than man? The question cannot be answered.

1. Most sharks are .....

a) man's friends
b) man's enemy
c) dolphins' friends
d) as friendly as dolphins

2. Dolphins communicate with each other by using .....

a) words similar to man's voice
b) sounds like other animals
c) the language of birds
d) movements of the body

3. Dolphins are .....

a) as intelligent as man
b) more intelligent than man
c) more intelligent than sea animals
d) the most intelligent of all

4. In South Africa, two dolphins were trained so as to .....

a) drown swimmers
b) organize society
c) give a hand to others
d) tell tales to stories

5. Can bats live with dolphins together?

a) Yes, they use similar language systems
b) No, they live in different environments
c) Yes, they are both intelligent
d) No, they are enemies

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16. Read the following passage, then answer the questions:

Global Warming

Global warming is the long-term rise in the average temperature of the Earth's climate system. It is a major aspect of climate change. Most people now accept the fact that the world's climate is changing. There are a number of natural reasons for climate change. One could be changes in how much heat we get from the sun. We have been also adding gases like carbon dioxide to the atmosphere. These greenhouse gases stop heat escaping, which increases the earth's temperature. The carbon dioxide is increasing because we burn fuels such as oil and gas. We also continue to cut down the forests which take in carbon dioxide and produce oxygen and this makes matters worse. Scientists believe that by 2050, if the carbon dioxide in the atmosphere continues to increase, the temperature of the earth's surface could go up by 2°C.

Global warming causes the ice in the Arctic and the Antarctic to melt. If this continuous, sea levels will rise and some parts of the world will be flooded, making many people homeless countries must stop destroying the rainforests and produce less carbon dioxide. As individuals, we must reduce the carbon dioxide we produce. This can be done by people using cars only when they have to or by turning down air conditioning in the summer.

1. The earth's surface temperature is increasing because:

a) of the increase in sea levels b) heat is escaping into the atmosphere

c) more trees are being grown d) of greenhouse gases like carbon dioxide

2. Why are trees important according to the passage?

a) because they keep us cool

b) because they take in carbon dioxide and produce oxygen

c) because they take in oxygen and produce carbon dioxide

d) because they protect the earth from the sun

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3. According to the passage, how can individuals help solve the problem?

a) they should produce more carbon dioxide

b) they should stop cutting down trees

c) they should use their private cars all the time

d) they should use less electricity and fuel

4. The underlined word "this" refers to:

a) carbon dioxide b) producing oxygen

c) cutting down rainforests d) greenhouse gases

5. What impact can global warming have on sea levels?

a) sea levels will decrease b) sea levels will rise causing floods

c) sea levels will remain stable d) sea levels will freeze

6. How do gases like carbon dioxide increase the earth's temperature?

a) they let heat escape easily

b) they cool the atmosphere

c) they stop heat escaping from the atmosphere

d) they reflect sunlight back to space

7. By what year do scientists predict the earth's temperature could rise by 2°C?

a) 2040 b) 2045 c) 2050 d) 2055

8. Which of the following is NOT mentioned as a cause of global warming?

a) burning oil and gas b) cutting down forests

c) volcanic eruptions d) greenhouse gases

17. Read the following passage, then answer the questions:

Tigers

Who would win in a fight, a lion or a tiger? Well, if size has anything to do with the matter, the tiger would win. That's because tigers are the largest of all cat species. The tiger is the third largest land meat-eating animal. Tigers are not only large; they are also fast. You might not think that such large, fast, and wild creatures need help to live, but they do. The tiger is an endangered species. Despite all of the tiger's strengths, the future of the species is uncertain. Tigers face a very high risk of extinction. Interestingly. The most

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26. Read the following passage, then answer the questions:

A Baby Alarm

John and Sue have a baby alarm, an electronic device with a microphone and a speaker. They put the microphone in the baby's room and the speaker in the living room. When the microphone is switched on, they can hear the baby crying even if they are watching television.

Last week, John invited his boss, Tom, to dinner. Sue wasn't very pleased. She didn't like him very much. All through the meal, Tom talked about his skiing trips, his foreign holidays, his expensive cars and his holiday home in the mountains. John and Sue didn't have much money and these were things they wouldn't be able to afford for many years. After the meal they all went into the living room to have coffee. Sue went upstairs to check that the baby was all right.

The baby was awake. Sue picked him up and talked softly to him, trying to get him back to sleep. She started to talk about how much she disliked Tom, and how he had spent the whole dinner talking about how wealthy he was. The baby didn't understand what she was saying, but gradually the sound of Sue's voice sent him back to sleep. Sue went back to the living room. John's face was very red and Tom looked furious. More coffee, anyone? asked Sue.

1. What is a baby alarm?

a) A type of clock for waking up a baby

b) A machine which enables parents to hear a baby crying

c) A device which enables parents to record their babies

d) A machine to enable babies to hear television

2. Which statement is false?

a) The baby alarm was switched on

b) Tom and John could hear everything Sue said

c) The baby was too young to understand Sue

d) Sue went upstairs because she heard the baby crying

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32. Read the following passage, then answer the questions:

Man's Struggle Throughout History

The concept of describing life has existed for many decades and changes around us every day. This is the nature of humanity; we live on the earth and construct buildings and roads on it. Since the beginning of time, man's life has been a nonstop struggle. This, of course, has continuously been connected with his daily needs.

At the beginning, man struggled to feed and clothe himself and to keep himself warm. So, he invented hunting weapons, weaving and making fire. Although man's life is no longer exhausting but more relaxing, his needs have grown more and more complex; his struggle has taken another shape. For example, he does not only struggle to make a fire to warm himself and cook his food, but seeks to control the hidden powers of nature that could run his machines and make his life easier and more comfortable. To achieve that, he has depended on petroleum. But, as the price of petroleum is getting higher and higher and the supply is getting lower and lower, man never stops looking for alternative sources of energy. Life is going on and will not stop for anything and surely it won't turn back to be the same as ancient times.

1. According to the passage, man's life has become:
   a) more tiring b) more wearying
   c) more exhausting d) more comfortable
2. The phrase "is getting lower and lower" in the second paragraph means:
   a) improve b) decrease c) develop d) produce
3. Man made a fire to:
   a) light his house b) keep himself warm
   c) run his machines d) make his life easier
4. It's man's ..... that makes him look for the hidden powers of nature:
   a) ambition b) energy c) ignorance d) powers

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48. Read the following passage, then answer the questions:

Necessity and Invention

Necessity is the mother of invention is a famous Common proverb which means that our needs always motivate our minds to create new things in order to manage well with a world full of speed changes. Man's needs have often directed him to discover the natural resources around him, and to make with his own hands the things he wants. Thus, he made tools to cultivate the land and get its crops. Those tools played an important part in establishing civilization. Food, clothing and shelter are still considered to be man's basic needs. The progress of technology has enabled man to satisfy all! these needs. It has helped him to take wide steps in developing agriculture, industry and public services. Thus, we are now enjoying the blessing of modern civilization. When civilization developed and man lived in organized societies, he found himself in need of more than his necessities; Education is next to food in importance because it is the only way to acquire experience and the qualifications necessary to earn a living. Education changed our style of living and led to higher thinking levels. He invaded space. He invented the computer. No wonder that man has great abilities which II enable him to create more inventions in the future.

1. The underlined word "acquire" has a similar meaning to …….
   a) require b) demand c) obtain d) contain
2. According to the passage education is of great importance because …….
   a) it gives us experience and makes a living
   b) it is next to food in importance
   c) it is natural resource before us
   d) the tools played a role in our civilization
3. Man needed more than his necessities when he ……
   a) needed tools b) lived in organized societies
   c) discovered natural resources d) made the things he wanted

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موقع الدكتور محمد رزق
Dr.MoRizK